



EBCS Info Sheet : **Foot Bath Detoxification**

Health and nutrition pioneer Adelle Davis once said, "As I see it, every day you do one of two things: build health or produce disease in yourself."

The D-Tox Ionic Foot Bath™ is a device that can greatly enhance your body detox program. The organs responsible for ridding your body of wastes are over-stressed with environmental toxins. When these organs are stressed, processing other toxins may be delayed. By supplementing the high concentration of negative hydrogen ions produced by the D-Tox Ionic Foot Bath™, you can assist your body's organs by neutralizing stored toxins, acids and metals and cleansing them from your body. The organs are then free to function as they were intended.

Detoxification can be accomplished with the proper diet, exercise and utilizing the D-Tox Ionic Foot Bath™ bath. The combination of nature and technology has afforded us the chance to live in a toxic environment and not be affected by it. The D-Tox Ionic Foot Bath™ system offers you that chance of living a healthier, happier lifestyle.

So how does the D-Tox Ionic Foot Bath™ directly assist the body in detoxification by removing these stored toxins?

Most detox programs work only with one area of the body such as the bowels, others may cleanse the liver or blood, and others may assist the kidneys or the skin. However, there are few programs that can effectively work to detoxify your entire body. The D-Tox Ionic Foot Bath™ is one of those few.

First, let's discuss the chemistry of the toxins that are being stored. Fundamentally, the toxins stored in your body are all free radicals. A free radical, from a molecular standpoint, is a molecule that has an odd, unpaired electron. They are very unstable and react quickly with other compounds, trying to capture the needed electron to gain stability. Free radicals typically attack the nearest stable molecule and steal its electron! When the attacked molecule loses its electron, it transforms into a free radical itself. This is the beginning of a disastrous chain reaction. Once the process is started, it can burgeon, finally resulting in the disruption of a living cell. Normally, the body can handle free radicals. But if the free radical production becomes excessive, such as an overload of toxins, damage can occur.

During an D-Tox Ionic Foot Bath™ session, large concentrations of negative hydrogen ions are released during the process of electrolysis. These ions are absorbed into the body by osmosis through the epidermis of the foot. Once entered into the system, these negatively charged ions act as an ultra high-powered antioxidant. Who hasn't heard about the benefits of antioxidants today? To refresh your memory, an antioxidant is a compound which has a weak attraction to one of its electrons. It readily surrenders an electron to a free radical which neutralizes it and ends the electron "stealing" reaction. The ion does not become a free radical by donating an electron because it is stable in either form. Once the free radical is neutralized, it can be removed from the body. Negative hydrogen ions act as "free radical hunters," helping to prevent cell and tissue damage that could lead to cellular damage and disease.

Ionic Foot Baths are a revolutionary way to re-balance and detoxify your body. The D-Tox Ionic Foot Bath™ is an unusual therapy based on the research of the medical scientist Dr. Royal Rife. The D-Tox Ionic Foot Bath™ system produces a frequency of positive and negative ions, that gently reverberate through the body to remove toxins, and stimulates the cells within it to re-balance cellular energy. This enables the cells to perform effectively and to release toxins that may have built up.



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While the body's natural electrical impulses flow daily, age, injury, and illness can affect the electrical flow, causing a person to feel bad. The D-Tox Ionic Foot Bath™, which is not a medical device but rather an instrument of assistance, works to detoxify the body of harmful substances and re-establish its natural balance. Users of The D-Tox Ionic Foot Bath™ testify to the healthier, obvious difference they feel after a session.

The D-Tox Ionic Foot Bath™ operates through a process called electrolysis by passing direct electrical current through the foot bath water to break apart the H₂O (water) molecule. This releases oxygen, stable hydrogen and the negative hydrogen ion (H⁻), the core benefit of an ionic foot bath session.

This negative hydrogen ion is a powerful antioxidant, pH balancer and the catalyst most responsible for ATP (adenosine tri-phosphate) production, our body's greatest energy resource. In the past, we received the negative hydrogen we needed through the consumption of raw vegetables and light proteins but modern processing, storage and handling has virtually stripped the modern diet of this increasingly vital element. Gentle and relaxing ionic foot bath sessions allow the body to uptake this "fuel of life", which is essential in balancing and reenergizing the body's natural ability to purge toxins and heal itself.

We live in such a toxic environment that our bodies can become overloaded with chemical residues, heavy metal residues and tissue acid waste, contributing to an acidic internal environment. The D-Tox Ionic Foot Bath™ is one of the easiest ways to eliminate toxins from you body. Sit back, relax, put your feet in the water, and enjoy The D-Tox Ionic Foot Bath™ experience.

When experiencing the ionic foot bath, you will see the water change color as the electrical current, water, and magnetic field interact with your feet. While the water would change color by itself, the colors are noticeably different with feet in the foot spa and from one person compared to another person.

The flow of your vital life force or energy is essential to maintaining good health and having your body in perfect balance. When your body is in balance, you have improved physical energy, mental concentration and increased circulation resulting in more efficient metabolism. This remarkable foot spa leaves you feeling renewed with more physical and mental energy.

****Note: If you have a pacemaker, have had an organ transplant, suffer from epilepsy, or are pregnant, you should not use The D-Tox Ionic Foot Bath™ system.**



Because the Road to Health is Paved with Good Intestines!!!!