



## food allergy and sensitivity testing : test options and fee schedule

Please circle your selected evaluation level fee at right, along with any additional fees, and total your amount at bottom of form.

### Quick note on testing levels:

The Complete Evaluation (evaluation #1) is recommended for your initial test. It serves to create a base-line for charting your Toxicity Levels and also your 17 Body System Evaluation. You may only ever test one time, or, depending on the chronic nature or tenacity of your imbalances, you may end up using this system to rotate your foods and supplements for several months or even years. If you end up retesting, as you move through the program you can use either the Basic Evaluation (Evaluation #4), or the Food Only Evaluation (Evaluation #7), for the majority of your "Retests", returning to the Complete Evaluation (Evaluation #1) once or twice a year to chart your progress.

Below is a break down of the three most commonly used evaluations, and a listing of what the tests include.

**For a detailed definition of each testing element, please see the reverse side of this sheet.**

### Complete Evaluation #1 (RECOMMENDED FOR INITIAL TEST) \$280

- Food Sensitivity and Personalized Diet
- Herbal Evaluation
- Supplement Assessment
- Toxicity Evaluation
- 17 System Evaluation

### Basic Evaluation #2 \$235

- Food Sensitivity and Personalized Diet
- Herbal Evaluation
- Supplement Assessment

### Basic Evaluation #3 \$215

- Herbal Evaluation
- Supplement Assessment

### Additional Fees:

- 30 Minute Review Of Results/Consult Appt. \$45 Shea / \$65 Lab  
Recommended with Initial Test Results This can be done by phone if out of the area.
- I am on 4-5 medications (**Will be charged, even if not checked**) \$40
- I am on 6 or more medications (**Will be charged, even if not checked**) \$60
- RUSH TESTING (results in 7-10 days) is available for an additional fee \$75

**\*First time testing usually requires a 2-4 week waiting period.\***

### PAYMENT

Testing Fee: Check or Credit Card are both accepted to cover the testing fee.

Product Order: Any recommended herbal supplements or homeopathic remedies are not included in the above fees. They are additional. A credit card number is necessary to cover any product you wish to order.

You may wish to include that now, or wait until you review your results and recommendations.

Please indicate selected test # (Evaluation Level)& fee here: \_\_\_\_\_, total additional fees \_\_\_\_\_

**Total amount on check or to be charged: \$** \_\_\_\_\_

Master Card / Visa # : \_\_\_\_\_ Exp. : \_\_\_\_\_

Name on Card: \_\_\_\_\_

CID# (last 3 digits on back of card) \_\_\_\_\_ Signature: \_\_\_\_\_

NEURO-MUSCULAR SENSITIVITY EVALUATION FOR FOOD ALLERGY AND SENSITIVITY TESTING IS NOT A REPLACEMENT FOR MEDICAL DIAGNOSIS AND/OR TREATMENT.



## food allergy and sensitivity testing : individual testing options

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- Herbal Evaluation – Testing on over 200 herbal blends / extracts specifically designed to enhance, and build your bodies defenses. These encourage proper detoxification and elimination while providing necessary phytonutrients essential to your body’s needs. Herbal blends were developed based on scientific testing. These blends are powerful, yet gentle to the body. There are no fillers, and no animals were harmed in the process. Herbal blends are easily assimilated as they are entirely food based and rich in enzymes. Usually one or more of these form the foundation of your program.
- Supplement Assessment – On over 800 supplements and homeopathics. Your saliva determines scientifically which professional grade formulas will build and support your body systems. These provide the exact nutrition your saliva shows that you are lacking. There are no fillers. These work synergistically with the Herbal blends and extracts in order to meet your specific needs. A program is designed around this specific set of nutritionals. Your individual system usually requests several specified vitamins and / or combinations out of the 800 plus products utilized. This process is very selective and does not encourage over-abundance or over-use, as more is not better.
- Food Sensitivity and Personalized Diet – Over 400 foods are analyzed based on your individual needs and sensitivities. Your saliva allows the lab to decipher which foods would bring you increased energy, health, and nutritional advantages, as well as foods that can be causing, contributing to, or creating imbalances, sensitivities, and even allergies. Many improper foods contribute to illness, as well. This intricate testing method highlights and points out problematic substances, which in turn allows you, individually, to avoid such trigger foods. Through dietary recommendations you are given a list of beneficial foods and foods to avoid. There is no replacement for proper nutrition. The advantage of having an individualized list of whole foods beneficial to your body’s specific needs is invaluable.
- Toxicity Evaluation – Chemical sensitivities are highlighted under this segment of testing. Often the toxins we are exposed to cause severe imbalances in our delicate body systems. Mineral imbalances can be the key to unlocking the door to regaining health and restoring balances. These are noted, information is provided, and recommendations are made in order to help the body easily eliminate the toxins that are hindering healthy progress. Personal care items are also tested at this time. Several organic and/or chemical free product lines can be identified in order to assist with personal hygiene and household cleaning. Many of these items are available at your local health food store. This testing and necessary toxic elimination is an extremely beneficial way of addressing environmental imbalances.
- 17 System Evaluation – Neuro-Muscular statistical evaluations help you to understand the relative energy being utilized by the cells of any specific organ or body system. Negative energy can be a sign of imbalance, illness, and/or stagnation which leads to a decline in energy, well being, and homeostasis, or overall internal health. Energy constrictions can be opened up in order to increase proper energy utilization on a cellular level. This information allows you to graph or chart your personal progress as you work your nutritional program. Other avenues such as emotion, illness, stress, and exercise can play a critical role in the decline and/or progress of these numbers, accordingly. The goal is to bring all the numbers up to over the +1000 proper energetic flow on an electrical level. These statistics can increase steadily if the nutritional program is adhered to.

### **GOOD HEALTH TAKES TIME AND EFFORT.**

WE ARE COMMITTED TO ASSISTING YOU IN ATTAINING YOUR INDIVIDUALIZED HEALTH RELATED GOALS. IT IS OUR DESIRE TO EQUIP YOU WITH THE TOOLS YOU NEED TO ACHIEVE BETTER HEALTH AND WELL-BEING.

Shea Lynn Baird, Every Body Cleansing Studio and The Lab

For more information please visit: [www.everybodycleansing.com/food](http://www.everybodycleansing.com/food)

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